

Tops On Policy at Eden Rock Edinburgh

Starting September 1st, 2023, we're rolling out the Tops On Policy at Eden Rock Edinburgh.

But what does that mean?

Well, it's pretty simple – we're asking everyone to keep their upper body covered while they're at our facility. The only exception is when you're in the designated changing rooms or using the toilets. This might sound new, but similar rules have been around in other climbing gyms for quite a while. We believe that this change will help create a more inclusive climbing community.

What can I wear?

You're free to wear vests, t-shirts, crop tops, and sports bras under this policy. If staying cool is a concern, we recommend checking out technical fabrics.

Why are We Doing This?

Encouraging Inclusion: Climbing is gaining popularity, and we're seeing all sorts of people trying it out for the first time. Our climbing community is becoming more diverse – different ages, abilities, backgrounds, you name it. So, it's important that our climbing gym is a welcoming space for everyone.

Why the Fuss About Shirts?

Over time, we've heard from customers who felt uncomfortable, intimidated or unwelcome because of topless climbers in our gym. Different people had different reasons for feeling this way. Even if you're someone who enjoys climbing shirtless, it's worth trying to understand why others might feel uneasy about it.

How does this help equality?

At Eden Rock, we're proud of our vibrant community. Events like Queer Night and Ladies Night are all about making climbers of every kind feel welcome. That's why we're introducing the tops on policy – to make sure this inclusive environment extends to every single day at Eden Rock. We want every body type to feel good here. If we want climbing to grow as a sport, we need to make sure it's as accessible as possible!

But I Climb Better Without a Shirt!

Even the best climbers on the international stage must wear tops. These top athletes manage just fine with vests, sports bras, and t-shirts. Plus, wearing a top also helps keep the holds and mats clean and hygienic, which is something we all appreciate.

Let's Understand Each Other

We get it – not everyone will love this new policy. But we're asking for your cooperation. Put yourself in other climbers' shoes and think about how we can all make this space more comfortable for everyone. Embracing the Tops On Policy means contributing to an Eden Rock Edinburgh where everyone feels welcome.

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